



## Craniofacial surgery

Treating congenital and acquired abnormalities of the skull, face and jaw

**Mr Ivo Gwanmesia** is a Craniofacial Plastic Surgeon who set up his own practice in Central London after training in facial and skull surgery in 2015.

After graduating from Manchester University Medical School, he developed a passion for facial and skull reconstruction. He worked in a number of London's teaching hospitals, including Great Ormond Street, and completed a fellowship in the US. Throughout his training, Ivo developed unique skills that were seamlessly transferrable to a career in aesthetic surgery. In his Central London practice, he offers a wide range of plastic, aesthetic and reconstructive procedures.

Foremost amongst these are the Facial Feminisation Surgery procedures (FFS), his proprietary 'Precision Rhinoplasty' procedure, and the recently described 'Deep Plane Tumescence Facelift' procedure. With regards to the Facial Feminisation Surgery, Mr Gwanmesia offers hairline repositioning procedures, such as hairline advancement and hair transplantation. He also offers forehead reshaping procedures, rhinoplasty, cheek enhancement with either body fat or implants, jawline reshaping, genioplasty and chondrolaryngoplasty (the shaving of the Adam's apple). Mr Gwanmesia is a believer in the seamless integration of cutting edge

technology with Plastic Surgery. As such, Ivo has described a rhinoplasty concept which he calls 'Precision Rhinoplasty'. By combining 3D imaging with sophisticated ultrasonic devices,

**Mr Ivo Gwanmesia offers a wide range of plastic, aesthetic and reconstructive procedures in Central London**

he believes he can get as close as possible to delivering what the patient wishes to achieve. After studying several facelift techniques, he has described a modified technique which he calls the 'Deep Plane Tumescence Facelift'. He believes this technique allows proper elevation of the soft tissues to their natural position on the face, lasts longer compared to the more superficial facelift techniques, and can be used in smokers with reduced risk of tissue necrosis, as a multiple layer of tissue is elevated at the time of surgery.

Mr Gwanmesia says patients today are very savvy, given the availability of information on the internet and social media. But he cautions against unrealistic expectations, as one can only work with what is available. Mr Gwanmesia cannot over emphasise the

importance of a healthy lifestyle, which he believes is more important than going under the knife. He therefore encourages his clients to first take simple actions, like ensuring they get enough rest and sleep, ensuring they eat healthily, exercise as regularly as possible and avoid smoking, which can all go a long way in keeping you young.

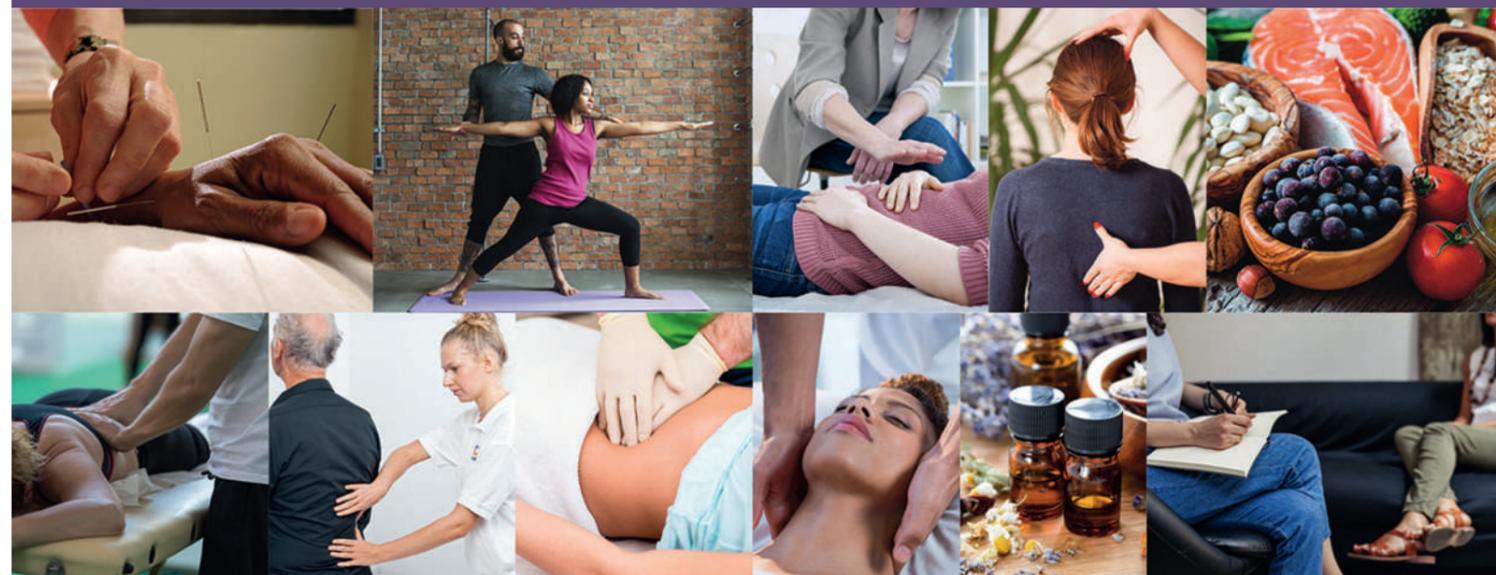
It is important that you seek advice from a medical professional before engaging in any cosmetic surgery. All cosmetic surgeries, even minimally invasive surgeries, may involve certain health risks.



Mr Ivo Gwanmesia FRCS

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